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I am a Registered Nurse and current Doctor of Nursing Practice–Family Nurse Practitioner (DNP-FNP) student at Rush University College of Nursing, with a professional background in both nursing and medicine. I earned my Bachelor of Medicine and Bachelor of Surgery (MBBS) in Pakistan, where my clinical journey began. Since transitioning into the U.S. healthcare system, I have gained extensive experience working in intensive care and neuroscience units, managing complex and critically ill patients.

My passion lies in transforming healthcare delivery through equitable, accessible, and patient-centered care. Having witnessed firsthand the impact of delayed access and fragmented services—often resulting in preventable ICU admissions—I am deeply committed to bridging the gaps in primary care, especially for underserved populations. I recognize the critical role of social determinants of health (SDOH) in shaping health outcomes and advocate for a holistic approach to chronic disease management that addresses socioeconomic, environmental, and systemic barriers.

With a strong foundation in clinical practice and a growing expertise in population health and quality improvement, I aim to be a leader in advancing health equity and driving sustainable change within primary care systems.