



2025 Clinical Practice Guideline Reference

Allergic Rhinitis

American Academy of Allergy, Asthma & Immunology

<https://www.aaaai.org/Aaaai/media/Media-Library-PDFs/Allergist%20Resources/Statements%20and%20Practice%20Parameters/Rhinitis-2020-A-practice-parameter-update.pdf>

Anti-thrombotic therapy

American College of Chest Physicians

<http://www.chestnet.org/Guidelines-and-Resources/CHEST-Guideline-Topic-Areas/Pulmonary-Vascular>

Asthma

Global Initiative for Asthma (2024)

<https://ginasthma.org/2024-report/>

2020 Focused Updates to the Asthma Management Guidelines

<https://www.nhlbi.nih.gov/resources/2020-focused-updates-asthma-management-guidelines>

Bronchiolitis

The American Academy of Pediatrics (AAP) Clinical Practice Guideline

<https://publications.aap.org/pediatrics/article/134/5/e1474/75848/Clinical-Practice-Guideline-The-Diagnosis>

Chronic Obstructive Pulmonary Disease

Global Initiative for Chronic Obstructive Lung Disease 2025 Report: GOLD Executive Summary

<https://goldcopd.org/2025-gold-report/>

Dermatology

American Academy of Dermatology Guidelines:

<https://www.aad.org/member/clinical-quality/guidelines>

Diabetes

American Association of Clinical Endocrinology (AACE) Diabetes Guidelines (2023)

<https://pro.aace.com/clinical-guidance/2023-aace-consensus-statement-comprehensive-type-2-diabetes-management-algorithm>



AACE Clinical Practice Guideline: Developing a Diabetes Mellitus Comprehensive Care Plan (2022 Update)

[https://www.endocrinepractice.org/article/S1530-891X\(22\)00576-6/fulltext](https://www.endocrinepractice.org/article/S1530-891X(22)00576-6/fulltext)

American Diabetes Association Standards of Care in Diabetes (2025)

https://diabetesjournals.org/care/issue/48/Supplement_1

Hypertension:

AHA/ACC/AANP/AAPA/ABC/ACCP/ACPM/AGS/AMA/ASPC/NMA/PCNA/SGIM Guideline for the Prevention, Detection, Evaluation and Management of High Blood Pressure in Adults: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines (2025)

<https://www.ahajournals.org/doi/10.1161/CIR.0000000000001356#sec-9>

2020 International Society of Hypertension Global Hypertension Practice Guidelines

<https://www.ahajournals.org/doi/10.1161/HYPERTENSIONAHA.120.15026>

Hyperlipidemia

ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines (2019)

<https://www.ahajournals.org/doi/10.1161/cir.0000000000000678>

ACC Expert Consensus Decision Pathway on the Role of Nonstatin Therapies for LDL-Cholesterol Lowering in the Management of Atherosclerotic Cardiovascular Disease Risk: A Report of the American College of Cardiology Solution Set Oversight Committee (2022)

<https://www.jacc.org/doi/10.1016/j.jacc.2022.07.006>

Immunizations

Adults

Centers for Disease Control and Prevention

<https://www.cdc.gov/vaccines/hcp/imz-schedules/adult-age.html>

Pediatrics

Centers for Disease Control and Prevention

<https://www.cdc.gov/vaccines/hcp/imz-schedules/child-adolescent-age.html>



American Academy of Pediatrics

<https://publications.aap.org/redbook/resources/15585/>

Infectious Disease Society of America

https://www.idsociety.org/practice-guideline/practice-guidelines/#/+0/date_na_dt/desc/

Insomnia

Behavioral and psychological treatments for chronic insomnia disorder in adults: an American Academy of Sleep Medicine clinical practice guideline (2021)

<https://jcsn.aasm.org/doi/10.5664/jcsn.8986>

Low Back Pain

Noninvasive Treatments for Acute, Subacute, and Chronic Low Back Pain: A Clinical Practice Guideline from the American College of Physicians (2017)

https://www.acpjournals.org/doi/10.7326/M16-2367?_ga=2.213892817.411412389.1718901884-438147933.1718901883

Mental Health

Adults

American Psychiatric Association Practice Guidelines

<https://psychiatryonline.org/guidelines>

Pediatrics

American Academy of Child & Adolescent Psychiatry (AACAP) Guidelines and Parameters

https://www.aacap.org/AACAP/Resources_for_Primary_Care/Practice_Parameters_and_Resource_Centers/Practice_Parameters.aspx

Migraine

American Academy of Neurology (AAN) and American Headache Society (AHS)

Adults

Pharmacologic Treatments of Acute Episodic Migraine Headache in Outpatient Settings: A Clinical Guideline from the American College of Physicians (2025)

<https://www.acpjournals.org/doi/10.7326/ANNALS-24-03095>



The American Headache Society Consensus Statement: Update on integrating new migraine treatments into clinical practice (2021)

<https://headachejournal.onlinelibrary.wiley.com/doi/10.1111/head.14153>

Pediatrics

Evaluation of children and adolescents with recurrent headaches

<https://www.neurology.org/doi/10.1212/wnl.59.4.490>

Practice Guideline Update: Pharmacologic Treatment of Pediatric Migraine Prevention

<https://www.neurology.org/doi/10.1212/WNL.00000000000008105>

Practice Guideline Update: Acute Treatment of Migraine in Children and Adolescents

<https://www.neurology.org/doi/10.1212/WNL.00000000000008095>

Obesity

American Association of Clinical Endocrinologists and American College of Endocrinology Comprehensive Clinical Practice Guidelines For Medical Care of Patients with Obesity (2016)

[https://www.endocrinepractice.org/article/S1530-891X\(20\)44630-0/fulltext#t0060](https://www.endocrinepractice.org/article/S1530-891X(20)44630-0/fulltext#t0060)

A Review of Current Guidelines for the Treatment of Obesity (2022)

<https://www.ajmc.com/view/review-of-current-guidelines-for-the-treatment-of-obesity>

Osteoporosis

American Association of Clinical Endocrinologists/American College of Endocrinology Clinical Practice Guidelines for the Diagnosis and Treatment of Postmenopausal Osteoporosis (2020)

<https://www.sciencedirect.com/science/article/pii/S1530891X20428277>

Otitis Media

The American Academy of Pediatrics (AAP) Clinical Practice Guideline

<https://publications.aap.org/pediatrics/article/131/3/e964/30912/The-Diagnosis-and-Management-of-Acute-Otitis-Media?autologincheck=redirected>

Prevention

US Preventative Service Taskforce

<https://www.uspreventiveservicestaskforce.org/uspstf/>

Radiology

American College of Radiology (ACR) Appropriateness Guidelines

<https://www.acr.org/Clinical-Resources/ACR-Appropriateness-Criteria>



Rheumatology

American College of Rheumatology:

<https://rheumatology.org/clinical-practice-guidelines>

Sexually Transmitted Infections

Center for Disease Control and Prevention

<https://www.cdc.gov/std/treatment-guidelines/toc.htm>

Thyroid conditions

American Association of Clinical Endocrinology Hypothyroidism, Hyperthyroidism, Thyroid Nodules

<https://pro.aace.com/clinical-guidance/thyroid>

Urological

American Urological Association (AUA) Guidelines:

<https://www.auanet.org/guidelines-and-quality/guidelines>

To become an NAFNP Member, visit [NAFNP.org/join](https://www.nafnp.org/join).

Disclaimer: The National Association of Family Nurse Practitioners (NAFNP) provides access to guidelines and recommendations developed by other professional associations and organizations as a resource for our members. Please note that these guidelines are not created, authored, or endorsed by NAFNP. We encourage users to review these materials critically and consult appropriate sources for additional clarification or updates.